



EAST REGION CHAMPIONSHIPS

2012 OPEN WATER SWIMMING

(Under ASA Laws, Rules, Regulations and Championship Conditions)



BRITISH GAS ASA AGE GROUP AND YOUTH OPEN WATER CHAMPIONSHIPS QUALIFYING EVENT CONDITIONS

1. A competitor must have been a registered member, or equivalent, of the ASA, SASA or WASA club, in whose name he/she is entered, at least 60 days prior to the day of the British Gas ASA Age and Youth Open Water Championships. The Open Water Championship Conditions shall apply to the Age Group Competitions except as below.
2. Entries
 - 2.1 Entries will only be accepted when received by the organiser on or before the closing date on the official entry form together with the entry fee, and a completed medical declaration.
 - 2.2 All competitors must read all conditions of entry before signing the Entry Form on pages 3 and 4.
 - 2.3 The ASA East Region reserves the right to limit entries dependant upon demand. For all events this will be based on the date the entry is received.
3. All events are freestyle and will be swum over the appropriate distance for the age group as follows:
 - 3.1 Only competitors who are 12, 13 or 14 years old as at **26 July 2012** may swim in the 1500m qualifying event.
 - 3.2 Only competitors who are 15/16 years old as at **26 July 2012** may swim in the 1750m qualifying event.
 - 3.3 Only competitors who are 17/18 years old as at **26 July 2012** may swim in the 2000m qualifying event..
4. Cut-off time
 - 4.1 A cut off time of 1 hour and 20 minutes shall apply in 2000m event.
 - 4.2 A cut off time of 1 hour and 10 minutes shall apply in 1750m event.
 - 4.3 A cut off time of 60 minutes shall apply in 1500m event.
5. Awards
 - 5.1 Medals will be awarded to competitors finishing in 1st, 2nd or 3rd position in each age group for the qualifying events
 - 5.2 Certificates will be awarded to all competitors who finish the course; these must be collected on the day.
6. There will be a finite number of swimmers in each event (to be decided upon by the East Region Open Water Committee) Both sexes will swim in the same wave.
7. Numbered hats (provided) will be provided and must be worn, as the outer hat if two hats are worn.
8. For reasons of safety, a numbered band (provided) shall be worn on the wrist or ankle throughout the event and handed to Clerk of the Course when exiting the water.
9. Wet suits and flippers are not allowed, and costumes are to be in accordance with current FINA rules (applicable from June 2011).
10. Competitors' numbers shall be marked by the Clerks of the Course on the shoulders and hands before any grease is applied. Grease or other such substances is allowed as long as it is not, in the opinion of the Referee, excessive.
11. Protests shall be made and dealt with as detailed in ASA Law; the Promoter shall be the East Region Open Water Committee.
12. Any matters not provided for in these conditions shall be decided by the East Region Open Water Committee.

**ALL ENTRANTS MUST READ AND SIGN THE ENTRY FORM ON PAGES 3 and 4
OF ENTRY FORM**