

NDSC 10th Open Meet Programme of Events

LICENCE NUMBER 3ER180455

Age is at 31ST December 2018 and cut of times apply

SESSION 1 – Saturday 7th April 2018, warm up 2pm start time 2.50pm			
Event	Male	Event	Female
1	400m Freestyle	2	200m IM
3	50m Breaststroke	4	100m Breaststroke
5	100m Backstroke	6	200 Fly

SESSION 2 – Saturday 7th April 2018, warm up TBC start time TBC			
Event	Male	Event	Female
7	200m IM	8	400m Freestyle
9	100m Breaststroke	10	50m Breaststroke
11	200 Fly	12	100m Backstroke

SESSION 3 – Sunday 8th April 2018, warm up, 8.30am, start time 9.30am			
13	200m Breaststroke	14	200m Freestyle
15	50m Butterfly	16	50m Backstroke
17	100m Freestyle	18	100m Butterfly
19	100m IM		

SESSION 4 – Sunday 8th April 2018, warm up TBC start time TBC			
Event	Male	Event	Female
		20	200m Breaststroke
21	200m Freestyle	22	50m Butterfly
23	50m Backstroke	24	100m Freestyle
25	100m Butterfly	26	100m IM

SESSION 5 – Sunday 8th April 2018, warm up TBC start time TBC			
Event	Male	Event	Female
27	200m Backstroke	28	200m Backstroke
29	50m Freestyle	30	50m Freestyle
31	400m IM	32	400m IM